



MONTHLY NEWSLETTER

JUNE 2023 | Vol. XVIII



VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;
- *Enhance people’s skills, especially of the youth;
- *Promote community self-reliance through community participation.

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



Celebrating World Environment Day 2023

On the occasion of World Environment Day 2023, the trainees of NIPUN's Self Employed Tailor Unit took a commendable step towards beating plastic pollution.

They raised awareness among the community, encouraging them to ditch plastic bags and embrace cloth alternatives. As part of their initiative, they distributed bags made from old clothes to trainees from the Computer, Tally & Accounting, and Beauty & Wellness units. Moreover, all the participants took a collective pledge to refrain from using plastic in their lives.



World Environment Day 2023

On June 5th, every year, people worldwide come together to celebrate the World Environment Day. This special occasion serves as a platform to promote awareness about the importance of safeguarding and preserving our environment.

In honor of the World Environment Day 2023, the children of NIPUN - Shiksha Saheli project in the South East District of Delhi showcased their creativity through vibrant posters, drawings, and crafts. Through their artistic expressions, these children demonstrated their deep concern for protecting and conserving the environment, recognizing its significance in meeting the needs of future generations.



HIGHLIGHTS



Transgender Community

NIPUN, in partnership with Delhi Legal Services Authority, South West District, jointly hosted a vibrant Tree Plantation event in South West District on the World Environment Day.

The drive received tremendous support from the Transgender community, and participants showcased their enthusiasm and dedication.



Hath Se Hath Milao, Ped Lagao, Paryavaran Bachao

The children of construction workers marked the World Environment Day 2023 with tremendous enthusiasm, expressing their love for the environment through vibrant posters and spirited slogans.



HIGHLIGHTS



Bate Wahi , Andaz Naya – Workshop on Life Skills

NIPUN, in collaboration with Modi Care Foundation, organized a 4-day training program on Life Skills for adolescent girls from June 5th-8th, 2023. The program aimed to equip adolescents girls with essential life skills techniques. The training module was thoughtfully designed, covering various topics such as the definition of Life Skills, peer pressure and bullying, substance abuse, child sexual abuse, the POCSO Act, gender sensitization, and HIV/AIDS.

The trainers facilitated meaningful discussions, enabling the young participants to understand and appreciate personal and relational changes, debunk myths, and make informed decisions



With great enthusiasm and zeal, 140 adolescents girls trainees actively participated in the training sessions. All trainees will be presented with participation certificates as a token of recognition. We extend our heartfelt gratitude to ModiCare Foundation for their consistent support throughout the program.

Summer Workshop

NIPUN organized a summer workshop in slum communities to enhance children's creativity through Art & Craft. Children created colorful items using waste materials, fostering imagination and resourcefulness.

The workshop promoted self-expression, developed fine motor skills, and encouraged social interaction, empowering children to discover their talents and grow holistically.



HIGHLIGHTS



Promoting Social Justice: Combating Child Labour

Child labour remains a global concern, robbing children of their rights, hindering their development, and jeopardizing their future prospects. Let's join hands on the 2023 World Day Against Child Labour, themed 'Social Justice for All. End Child Labour!'

At NIPUN, we actively engage with children in construction sites and urban slums to foster their holistic development. We firmly believe that combating child labour requires a comprehensive approach, involving various stakeholders and interventions at different levels.

On June 12th, 2023, NIPUN organized a sensitization program for parents at construction sites and resettlement colonies, addressing the issue of child labour. Together, we can make a difference. Join NIPUN in our mission to end child labour and ensure a brighter future for every child.



Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS: CANCER SCREENING & PREVENTION



Cancer Screening Camp

Cervical, breast, and oral cavity cancers continue to cause millions of deaths worldwide each year, ranking as the top three most prevalent cancers in India.

On June 14th, 2023, NIPUN, in collaboration with the Rajiv Gandhi Cancer Institute & Research Centre, organized an integrated cancer screening camp in the Meera Bagh slums of Paschim Vihar, New Delhi. This community-based initiative aimed to provide comprehensive cancer screenings to individuals at higher risk. The camp included Clinical Breast Examination (CBE) for breast cancer, visual inspection for cervical cancer, and oral visual examination (OVE) for oral cavity cancer.

A total of 51 participants, consisting of 6 men and 45 women aged above 30 years, attended the screening camp.

Awareness on Cancer

An awareness program on cancer was organized by NIPUN at South East Delhi project locations to reduce cancer incidence in the community. The program aimed to sensitize the community before the proposed Cancer Screening Camp.

NIPUN, with the support of Rajiv Gandhi Cancer Institute and Research Centre, conducted the awareness program on 17th June 2023. Dr. Indu Aggarwal, HOD of Rajiv Gandhi Cancer Institute and Research Centre, and Mr. Gagan Deep, Assistant Manager from the Dept. of Preventive Oncology, delivered an informative talk on different types of cancer, focusing on symptoms and prevention.

The team distributed cancer information leaflets in the local language. The program benefited numerous community women.



HIGHLIGHTS: SKILL TRAINING

Empowering Youth through Skill Training at NIPUN

NIPUN is dedicated to promoting the empowerment of girls through skill training courses, equipping them with valuable skills and fostering economic independence and self-reliance. The primary objective of these skill training courses is to provide the trainees with market-oriented skills that empower them economically and nurture their entrepreneurial abilities.

NIPUN aims to offer training to urban underprivileged individuals based on the market demand for skills, enabling them to establish their own self-employment ventures or secure salaried employment.

Through the vocational training courses such as computer literacy, retail management, cutting and tailoring, fashion designing, beauty & wellness, and accounting & tally courses, NIPUN empowers the youth with the knowledge and skills needed to thrive in various industries.

Rupa, a trainee of the Beauty & Wellness, shares her gratitude, stating, *"Now, we stand on our own feet. The money we earn through our hard work brings immense joy."*

We would also like to express our gratitude to the donors and well-wishers for their consistent support. Together, we can continue to educate and empower girls, opening doors to a brighter future.



Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS: INTERNATIONAL YOGA DAY



Embracing Vasudhaiva Kutumbakam through Yoga

The theme for International Yoga Day 2023 is "Yoga for Vasudhaiva Kutumbakam" encapsulating our shared vision of "One Earth, One Family, and One Future."

In West District, the NIPUN – Empowering Girl Child project organized the International Day of Yoga 2023 event, specifically targeting mothers whose children are enrolled in our Pre-School & Remedial Education Centers.

The primary objective of this event was to raise awareness about the significance of yoga and its pivotal role in promoting a healthier lifestyle by revitalizing both the mind and body. Stress, which takes a toll on our physical and mental well-being, can be effectively managed through the practice of yoga. Yoga serves as a valuable tool to cope with stress, especially when inner peace seems elusive. Over 100 mothers from slum communities participated in yoga sessions.

Little Yogis and Yoginis

The NIPUN children at project locations in Delhi NCR enthusiastically celebrated International Yoga Day 2023, focusing on the theme "Yoga for Vasudhaiva Kutumbakam". The celebrations commenced with a Morning Assembly, followed by Suryanamaskaras and a variety of asanas.

The NIPUN Team emphasized that Yoga not only promotes physical well-being but also supports mental and spiritual progress.



Yoga in Day Care Centres

NIPUN - Day Care Centres celebrated International Yoga Day 2023 with great enthusiasm, involving the children of construction workers.

Here are some glimpses of the event.

योगयुक्तो विशुद्धात्मा विजितात्मा जितेन्द्रियः ।
सर्वभूतात्मभूतात्मा कुर्वन्नपि न लिप्यते ॥

HIGHLIGHTS

Empowering Communities through Wall Paintings in Slum Areas

Interns from UPES, Dehradun, collaborated with community volunteers at NIPUN to paint walls in slum areas, promoting 'Samuday Swachhta' (Community Sanitation).

Together, they spread important messages on cleanliness and hygiene, inspiring positive change.



Founder Secretary of NIPUN Acknowledges Intern's Contributions

Ms. Tanya Sharma, an International Master in Business student at SDA Bocconi Asia Center in Mumbai, recently completed a 15-day internship with NIPUN.

NIPUN is running a Vocational Training center focused on underprivileged youth offering a variety of educational programs, ranging from basic literacy to advanced computer courses, empowering individuals to develop skills and secure sustainable livelihoods.

During her internship, Ms. Sharma thoroughly examined NIPUN's operations and compiled a book titled 'The Story of Young Achievers.' This book highlights the transformative impact of NIPUN's interventions and showcases inspiring stories of learners who have overcome adversity to achieve their goals. It serves as a testament to the resilience and determination of these individuals.

Mr. Pradeep Kumar, the founder Secretary of NIPUN, expressed his gratitude to Ms. Sharma for her dedicated work in compiling the inspiring stories. He presented her with a memento as a token of appreciation and extended his best wishes for her future endeavors.

HIGHLIGHTS

Chaupal on Early Child Care and Development

Women from Bengali Camp, Meera Bagh participated in the discussion on Early Child Care and Development organised by NIPUN under C20, under the G20 summit on 24.06.23.



Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

STORY OF THE MONTH: BOUNDLESS AMBITION, MANSUKH'S JOURNEY



Hard work and dedication assures success

"Education, coupled with unwavering support, has the power to rewrite destinies and overcome any obstacle. Thanks to NIPUN, I transformed from a tailor's son to a Regional Head, and I now believe that dreams have no limits."

Born into a financially disadvantaged background, with a father working as a tailor and a homemaker mother, Mansukh faced numerous challenges throughout his journey. However, everything changed when he discovered NIPUN through a friend and decided to enroll in a computer course at NIPUN's Vocational Training Center. Mansukh's dedication and quick learning abilities caught the attention of NIPUN, leading to him being employed as a computer instructor.

Over time, his skills and commitment shone through, and he was promoted to the position of project coordinator. This opportunity not only allowed him to support his family financially but also enabled him to pay for his college fees, further enhancing his prospects. Mansukh has pursued Masters in Computer Application and today, Mansukh proudly holds the position of Regional Head in Unimax International company and earns more than 80k a month. Mansukh's aspirations extend beyond personal success; he dreams of building his own house to provide a beautiful life for his daughter.



"GIVE MAN A FISH AND YOU FEED HIM FOR A DAY, TEACH A MAN TO FISH AND YOU FEED HIM FOR A LIFETIME"

HIGHLIGHTS



Summer Workshop for Underprivileged Children

NIPUN recently organized a Summer Workshop on 31.06.23 aimed at providing support to underprivileged children during their summer vacation.

The workshop took place at various Bridge Course/Non Formal and Remedial Education Centres across Delhi and the National Capital Region (NCR), offering children the opportunity to learn new skills, explore hobbies, and find engaging ways to spend their time while coping with the summer heat. These workshops also played a crucial role in fostering the children's social and emotional development.

Throughout the summer workshops, children had a great time engaging in activities like creating vibrant flowers, making masks, decorating pottery, working with clay, and enjoying dance and music.

Moreover, the workshops also focused on enhancing their knowledge in subjects such as science, mathematics, social studies, and life skills.

As a token of appreciation for their participation, all the attendees will receive certificates to commemorate their involvement in the summer

workshop.

GLIMPSES OF DAY CARE CENTRES AT CONSTRUCTION SITES IN NOIDA



Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



Reach us at:



[@nipun.ngo](https://www.instagram.com/nipun.ngo)



[@InfoNipun](https://twitter.com/InfoNipun)



[@NIPUN.NGO](https://www.facebook.com/NIPUN.NGO)

E-mail: info.nipun@gmail.com

Website: www.nipun.org

Registered Office for communication:

NIPUN, GH 5 & 7/883, Paschim Vihar,
New Delhi-110087

Contact Number: 011-25270903,
+91-9810694867

Head Office:

NIPUN, RZ C-96, Nihal Vihar,
50ft Road, Near Shiv Shakti Public
School

New Delhi-110041

Contact Number: +91-8376941500